

Education Resources

- NEW** ● **Wide Open School:** Wide Open School helps families and educators find trusted resources to enrich and support distance learning.
- NEW** ● **Learning Heros:** This site focuses on helping you get the accurate picture you need and deserve so you can best support learning at home.
- **CAC Pre-K Opportunity.** All our children deserve the best education possible, so they can be ready and successful. The Community Action Council Head Start and Pre-K program is now open for applicants. Howard County residents with children ages 3-5 are eligible to apply, and may qualify for free classes. For more details and to apply, please click [here](#).
- NEW** ● **Howard County 50+ Center:** Howard County has six 50+ Centers spread across different parts of the County (see list below). The types of programming offered at the 50+ Centers includes:
 - Exercise and fitness classes
 - Educational opportunities
 - Social and recreational activities
 - Volunteer opportunities
 - Congregate meals (lunch)
 - Kindred Spirits Social Club (for people with early stage memory loss)

Click [here](#) for more information and locations.

- NEW** ● **Internet Essentials** from Comcast is assisting low-income families to have fast and affordable internet services. To apply, click [here](#).
- CovEducation, aims to promote greater access to web-based curricula and academic support for K-12 students and College students, facilitating the transition to virtual learning for students with limited access to resources. Click [here](#)
- NEW** ● **Howard County Library System** is hosting a summer reading program for children and adults. For more information click [here](#).
- PBS Read-Along Mondays and Tuesdays Livestream on [Youtube](#) or [PBSKids Facebook](#)
- [Lakeshore Learning](#) has a wide selection of Printable worksheets for kids of all ages.
- [Khan Academy](#) offers free education courses for kids and adults.
- [Storyline Online](#) with Oprah
- [Storytime](#) from Space
- <https://classroommagazines.scholastic.com/support/learnathome.html>
- Project Gutenberg is an online library with over 60,000 free e-books available. (Mostly older literary works.) *No special apps, registration nor fee is required.* <https://www.gutenberg.org/>
- [Free Ivy League Classes](#)
- [K-12 students](#)
- [eBooks and downloadable audiobooks](#)
- [specialized research tools](#)

- [online classes](#) for personal and professional development
- national and international [newspapers](#) and [magazines](#)
- Vets Prevail: <https://www.vetsprevail.org/> Free online, evidence based coaching and peer support. They actually PAY participants. I started the program to see how it is and I am impressed.
- Right now Kindle is offering 2 month free trial. Clients ***must*** cancel before the end of the trial or they will be charged. This is a great way to do some bibliotherapy with your clients.
- Kindle deal: <https://moneysavingmom.com/hot-kindle-unlimited-trial-deal/>

Some excellent books are consequently available for free (with the trial):

- o Feeling Good The New Mood Therapy:
https://www.amazon.com/Feeling-Good-New-Mood-Therapy-ebook/dp/B009UW5X4C/ref=tmm_kin_swatch_0?encoding=UTF8&qid=1585070786&sr=1-2
- o The Anxiety and Phobia Workbook:
https://www.amazon.com/Anxiety-Phobia-Workbook-Edmund-Bourne-ebook/dp/B00QUIAJXE/ref=sr_1_3?crid=31EZTSE9EJBCI&dchild=1&keywords=anxiety+and+phobia+workbook&qid=1585073868&s=digital-text&sprefix=anxiety+and+phobi%2Cdigital-text%2C152&sr=1-3
- o Mind over Mood:
https://www.amazon.com/Mind-Over-Mood-Second-Changing-ebook/dp/B01590MJNQ/ref=sr_1_3?dchild=1&keywords=mind+over+mood&qid=1585073898&s=digital-text&sr=1-3
- o Come as you are:
https://www.amazon.com/Come-You-Are-Surprising-Transform-ebook/dp/B00LD1ORBI/ref=tmm_kin_swatch_0?encoding=UTF8&qid=1585073989&sr=1-1