Education Resources



- CAC Pre-K Opportunity. All our children deserve the best education possible, so they can be ready and successful. The Community Action Council Head Start and Pre-K program is now open for applicants. Howard County residents with children ages 3-5 are eligible to apply, and may qualify for free classes. For more details and to apply, please click here.
 - Bright Mind's Foundation is working with HCPPS with assisting low-income families with purchasing a Chromebook Device Information. To apply, click here.
 - CovEducation, aims to promote greater access to web-based curricula and academic support for K-12 students and College students, facilitating the transition to virtual learning for students with limited access to resources. Click here
 - Starting June 29th, HCLS Branches are open for contactless pickup. for more information: click here
 - PBS Read-Along Mondays and Tuesdays Livestream on <u>Youtube</u> or <u>PBSKids Facebook</u>
 - Lakeshore Learning has a wide selection of Printable worksheets for kids of all ages.
 - Khan Academy offers free education courses for kids and adults.
 - <u>Storyline Online</u> with Oprah
 - Storytime from Space
 - https://classroommagazines.scholastic.com/support/learnathome.html
 - Project Gutenburg is an online library with over 60,000 free e-books available. (Mostly older literary works.) No special apps, registration nor fee is required. https://www.gutenberg.org/
 - Free Ivy League Classes
 - K-12 students
 - eBooks and downloadable audiobooks
 - specialized research tools
 - <u>online classes</u> for personal and professional development
 - national and international <u>newspapers</u> and <u>magazines</u>
 - Vets Prevail: https://www.vetsprevail.org/
 Free online, evidence based coaching and peer support. They actually PAY participants. I started the program to see how it is and I am impressed.
 - Right now Kindle is offering 2 month free trial. Clients *must* cancel before the end of the trial or they will be charged. This is a great way to do some bibliotherapy with your clients.
 - Kindle deal: https://moneysavingmom.com/hot-kindle-unlimited-trial-deal/

Some excellent books are consequently available for free (with the trial):

- o Feeling Good The New Mood Therapy: https://www.amazon.com/Feeling-Good-New-Mood-Therapy-ebook/dp/B009UW5X4C/ ref=tmm kin swatch 0? encoding=UTF8&qid=1585070786&sr=1-2
- o The Anxiety and Phobia Workbook: https://www.amazon.com/Anxiety-Phobia-Workbook-Edmund-Bourne-ebook/dp/B00Q UIAJXE/ref=sr 1 3?crid=31EZTSE9EJBCl&dchild=1&keywords=anxiety+and+phobia+wor

 $\frac{kbook\&qid=1585073868\&s=digital-text\&sprefix=anxiety+and+phobi\%2Cdigital-text\%2C}{152\&sr=1-3}$

o Mind over Mood:

 $\frac{\text{https://www.amazon.com/Mind-Over-Mood-Second-Changing-ebook/dp/B01590MJNQ}}{\text{ref=sr_1_3?dchild=1\&keywords=mind+over+mood\&qid=1585073898\&s=digital-text\&sr}} = 1-3$

o Come as you are:

https://www.amazon.com/Come-You-Are-Surprising-Transform-ebook/dp/B00LD1ORBI/ref=tmm_kin_swatch_0?_encoding=UTF8&qid=1585073989&sr=1-1